

Hello everyone,

URGENT! IF YOU WANT A COMPETITIVE TEAM from the U9 to the U16. We have registered 11 teams in the EODSA for competitive soccer here is what needs to be done. It is imperative, if you are interested playing competitive soccer with RUSC to register now. We are waiting for players to register for the competitive and also will need some coaches application need to be done, ASAP. We need COACHES to register them for coaches training. We are planning to have tryouts on Saturday 9AM-4PM in April 2, 2022 but we are waiting confirmation from the school. We have a deadline to respect with EODSA to apply for the competitive league until April 15, 2022.

We are aware that registration has been delayed but now you can register specially for the competitive team.

We have the House league(recreational) and competitive (ERSL) in the registration system.

Our website is been update. <https://rusc-csur.com/>

The past two year have been hard for everyone and we are doing our best to have the summer season. We will need some volunteers to coach, referee and more people to help the RUSC. At the moment the RUSC executives and staff are not full we are just ten peoples to deal with everything voluntary and having another life on the sidelines. We are doing our best to provide you all the programs we can do. We learned on the past two years that anything can happen, and we want to provide a great service at a great price but we also want to be able to give you those programs for all the community as long as we can survive financially and have volunteers to help us.

The season will begin on the 23rd May and run until the 19th of August 2022.

REGISTRATION QUESTION:

1. **Registration system PowerUp:** <https://rockland.powerupsports.com/>

You need to do it on a computer it doesn't work with a phone or tablet for security. Also, you need to enter your information and then add players then register and pay.

2. **DATE OF THE SEASON:**

23rd May and run until the 19th of August 2022.

3. **DAY, FIELDS, HOURS:**

All those are on our website: <https://rusc-csur.com/our-programs/>

We will try to keep the same night and fields but it will all depends on the numbers of registration and also the city approval to use those field. The time all the program will start it's 6H30PM.

4. **Volunteer fees:**

Non-Volunteer Fee

A 50\$ non-volunteer fee per family must be paid at registration regardless if you choose to volunteer or not. This is applicable to recreational and ERS� leagues.

For more information, please click on [volunteer](#).

5. **EMAIL system:**

To make sure you receive our email please we ask you to click on yes and look in your Junk and spam.

Mailing List Opt In: Yes No

As of now we are looking for numbers of how many are interested in U4 - U16 recreational, U10 and above competitive and finally coed adult recreational. We cannot confirm any cost due to the COVID 19 pandemic as all is subject to change. However, we are slowly getting feedback on this subject and (based on registration numbers) we will be able to provide an update in the near future.

Please read all the information below.

COVID rules and regulation from EOHU and OSA:

The province updated [Ontario Regulation 364/20](#). Schedules 4 and 5 will apply. The changes will come into effect on March 21st, at 12:01 a.m. Here are the items that will answer the questions we received recently:

- 100% capacity. Dancing no longer affects the capacity limit (this is more pertinent to those of you that operate meeting/event spaces or restaurants/bars). Physical distancing isn't required, but continues to be recommended.
- The provincial proof of vaccination requirement to enter an establishment will no longer be in effect.
- Remove masking requirements in most places (including schools), except public transit, long-term care, retirement homes and other health-care settings, shelters, jails and congregate care and living settings, including homes for individuals with developmental disabilities. Individuals can continue to opt to wear masks.
- Active screening is no longer required for patrons.
- Businesses and organization must have a safety plan. It's not required of sport leagues or teams.

This is in addition to the changes that were made during the previous step.

We will also need volunteers to help the technical director with the program. We gladly invite students volunteering to complete their much-needed community hours for school.

Registration will be available online at <https://rockland.powerupsports.com/>.

The Club is also working with neighboring clubs to continue to promote the game of soccer. More information on this program will be made available as soon as plans are finalized.

RUSC email and website update:

We also want to make sure that everyone is aware that at the end of January 2022 all are email addresses were changed along with our website at:

www.rocklandsoccer.org

We would like to thank you for your patience as we bounce back and forth with regards to the pandemic and we look forward to having a successful season this summer.

RUSC Executives